

Tihei Mauri Ora!

Humility and Empathy

I orea te tuatara ka patu ki waho!

A problem is solved by continuing to find solutions



Te Kawerau a Maki matriarch Hariata Ewe (1920-2009) also affectionately known as Aunty Sally was responsible for some of the great changes in Māoridom and was pivotal to tribal transformation. Hariata was a foundation member of the Māori Women's Welfare League. Her leadership was humble and supportive, using intuition and empathy before argument and confrontation.

How do you go into a difficult situation? Often we get offended by what is said and get caught up in the emotion of only thinking about how we feel and not looking at the situation in front of us. Only when you are able to take yourself out of the situation, are you able to look at it from a different perspective and be more receptive to what others have to say; although you don't always have to agree, you will be able to see why they have come up with the decision they have. Don't always be so eager to jump in and be defensive, but have some humility and empathy in your dealings to be able to make decisions with a clear and open mind. Kia pai tō wiki!



A Monday Motivational by MANU AO Academy – A National Inter-University Māori Academy for Academic and Professional Advancement.

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