

Tihei Mauri Ora!

You can do anything

He manga-ā-wai, koia, kia kāore e whitikia?

Is it a river that cannot be crossed?

(Implying every river can be crossed in one way or another)



Associate Professor Jo Baxter of the Otago School of Medicine commenced her MANU AO seminar last Wednesday by paying tribute to her former teacher at Queen Charlotte College in Marlborough, Dr Monte Ohia, “who said to me you could do anything you wanted to ...and so I became a doctor”. The Māori educationist, and academic, was a man of unstinting dedication and enormous wairua, who was an inspiration to many other students as well.

Of course, Monte was right. If you put your mind to it, you can do anything. You've got to have confidence in yourself. Why confidence? Because unless you believe you can do it, you're unlikely ever to try. We earn self-confidence by excelling at the little things, until we're ready to take on the bigger challenges. Get some runs on the board, and try a few little challenges first. They will help prepare you for life's stiffer tests and they're something each of us has the power to achieve, no matter what our circumstances may be. You can make the most of whatever you are given, if you work hard at it, and keep a positive approach to every circumstance that comes your way. Kia pai tó wiki!



A Monday Motivational by MANU AO Academy – A National Inter-University Māori Academy for Academic and Professional Advancement.

For other motivators visit our website: www.manu-ao.ac.nz

[Click here](#) to subscribe to the Monday Motivator emails

Rāhina, 1 o Whiringa-a-Rangi 2010