

Tihei Mauri Ora!

Be a champion

Whāia te iti kahurangi, ki te tuohu koe me maunga teitei

*Pursue that which is precious, and do not be deterred
by anything less than a lofty mountain*



Dame Mira Százy, of Ngāti Kuri, was one of the most outstanding Māori women leaders of the 20th century. She was the first Māori woman to graduate with a degree from Auckland University, and she was also president of the Māori Women's Welfare League. A champion for the rights of Māori especially Māori women, she once said, "I don't believe that giving women their rights as human beings is a destructive thing. I think it's a very positive thing and I believe that the liberation of every human being is part of the development of human society as a whole."

There's something exciting about this year's Commonwealth Games for all of us. We learn from the Games that each of us can demand the best from ourselves, and that others will care about us when they feel we are trying to excel. We also learn that when confronted by obstacles we can put ourselves back on the path towards success, by leaving those troubles behind us. Our victorious netball team achieved gold, the pinnacle of human performance at the Games. This kind of progress only happens when people exact the best from themselves. That's what champions are made of. Like Mira, demand the best from yourself, and notice the difference you can make. Kia pai tó wiki!



A Monday Motivational by MANU AO Academy – A National Inter-University Māori Academy for Academic and Professional Advancement.

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