

Tihei Mauri Ora!

Humility

E kore te kūmara e kī ake ki a ia he māngaro

*The kumara does not announce it is tasty
(A person should not blow his own horn)*



'E tama, hei aha!' (son, never mind), was the brief reply of a semi-retired humble general practitioner, Dr Edward Pohau Ellison MB ChB, OBE, to young Reverend Kingi Ihaka's request that during his lifetime an account of his life and work be published. Dr Ned Ellison (1884-1963), of Ngai Tahu, the fourth Māori medical graduate, had an illustrious career that included being chief medical officer of the Cook Islands and director of the division of Māori hygiene in New Zealand's Department of Public Health.

Our culture says that humility is a virtue. Have you ever wondered though what it meant to be humble and modest? Today, these are things that are undervalued. Most people have forgotten them. They have begun to rate themselves, their needs, and their feelings, as more significant than anyone else's. In fact, for many, their lives literally revolve around them. People watch you no matter what you do, especially if you're good at what you do. So, if you're going to be an example for others to follow, you might as well be a positive role model. Let your actions speak volumes for the person you are. Kia pai tó wiki!



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