

Tihei Mauri Ora!

Defending Values – It takes courage

Ānei ngā mea i whakataukītia ai e ngā tūpuna, ko te kaha, ko te uaua, ko te pakari
Here are things valued by the ancestors, it is the strength, the vigour, and the sturdiness



At last week's ANZAC service at Gallipoli, Lieutenant-General Jerry Mateparae, of Ngāti Tūwharetoa and Ngāti Kahungunu, holder of the ONZM, and current Chief of Defence Force (first Māori to hold this office) explained that Gallipoli resonates with us because so many of our **young men were defending values which were exceptionally important to them**, their people, and their country.

These young men were bound together by a common set of values and a culture that reflected their national heritage and character.

It takes courage to defend one's values. Courage is the defining element that makes ordinary men and women into extra-ordinary people. We tend to think of courage as the kind of thing that only heroes have e.g., dashing into a house on fire, or a clandestine operation behind enemy lines. That's well and good, but each and every one of us can demonstrate courage in our 'everyday lives'. We all have it innately within us, but it may take a bit of development and shoring up from time to time. Build up your courage by testing it. Look at the courage you have deep down within yourself, grasp a hold of it, and use it to make a change in your life. Kia pai tō wiki!



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Rāhina, 3 o Haratua 2010